

EAST TENNESSEE INTERGROUP





Without unity, the heart of A.A. would cease to beat . . . — Bill W.

DECEMBER 2024 Volume 48; Issue 12

Intergroup News

At the regular December 16th Intergroup meeting we will be holding ETIAA board elections.

The positions up for election are Vice-Chair, Secretary, Hotline Chair, Archives Chair, Accessibility Chair, Outreach Chair, Treatment Chair and Events Chair. The term for each position is two years. If you would like to be involved, please attend an intergroup meeting on the third Monday of each month.

If you would like your AA birthday to be in the newsletter email manager@etiaa.org. Please include your name, sobriety date, number of years sober, and name of your home group.



The Plain Language Big Book is currently sold out. We will order more when the second printing is available from AAWS.

- Dawn W.

Office Service	ce Workers	<u>Hotline</u>	Intergroup	o Board	<u>Website</u>
Robin	Bob	Jack	Dave S	Amber	Barb
Dave S	Peggy	Carol	Barb	Marian	Sterling
Dave R	Patty	Bob	Jacque H	Fawn	Eammon
Katie	Maria	Emily	Jack F	Fawn	SuZanne
Joan	Mary	Anna	Susie	Mel	
Amy	Melanie	Miles	Jimmy	Allison	Spanish Liaison
Glenn	Charlie	Randal	Becky	Amber	LIGISOII
Jill	Gerald	Patrick	Scott	Ken	Maria
Pete	Beth	Lee Anne	Sarah	Letha	
Rick	Dennis	Austin	Tiffany	Jim	
Cathy	Patrick	Luke	Brian	Nathan	
Tom			Dennis	Talia	

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Submissions

Is your group celebrating Birthdays/ Anniversaries? Are you? Do you have AA-related questions or myths that East Tennessee Intergroup of Alcoholics Anonymous (ETIAA) can answer for you? Is there an "In Memory" group member to be recognized? We encourage all appropriate submissions by sending them to manager@etiaa.org Subject line: Newsletter!



Wisdom From The Rooms

Isolation is the dark room where I go to develop my negatives. -- Guy H.(Buffalo Men's Zoom)

If I get rid of the drugs and alcohol but don't work on my morals, principles and spirituality, I'm still the exact same person just without the substances, and that really defeats the main purpose behind recovery. – Steve K. (RIP)

I have problems in areas where I used to not have areas. (thanks Bred B.)

"If you don't put it in your hand you can't put it in your body."

— John M. - Serenity Improvement Group

If you have a problem and you can fix it, don't worry about it. If you have a problem and you can't fix it, don't worry about it.



12 Steps in Reverse

The Grapevine March 1947, Vol. 3 No. 10

Everyone is always talking about the 12 Steps in A. A. Another way of thinking about it are the 12 Mis-Steps of A. A. Here they are:

- 1. Start missing meetings for any reason, real or imaginary.
- 2. Become critical of the methods used by other members who may not agree with you in everything.
- 3. Nurse the idea that someday, somehow, you can drink again and become a controlled drinker.
- 4. Let the other fellow do the 12th Step work in your group. You are too busy.
- 5. Become conscious of your A. A. seniority and view every new member with a skeptical, jaundiced eye.
- 6. Become so pleased with your own views of the program that you consider yourself an "elder statesman."
- 7. Start a small clique within your own group, composed only of a few members who see eye-to-eye with you.
- 8. Tell the new member in confidence that you yourself do not take certain of the 12 Steps seriously.
- 9. Let your mind dwell more and more on how much you are helping others rather than on how much the A. A. program is helping you.
- 10. If an unfortunate member has a slip, drop him at once.
- 11. Cultivate the habit of borrowing money from other members; then stay away from meetings to avoid embarrassment.
- 12. Look upon the 24-hour plan as vital to new members, but not for yourself. YOU have outgrown the need of that long, long ago.

C. L. Chicago, Illinois

DISTRICT MEETINGS

District 1 Typically meets the first Saturday of **odd** months @11am at the Renaissance Center. Please contact District 1DCM through ETIAA for most accurate information. (Note change.)

District 2 meets the fourth Sunday of the month @6:30pm at the REBOS Building, 213 E. Maple St., Johnson City 37601.

District 3 meets the first Sunday of the Month @12:30pm at the Morristown Group.

District 4 meets the first Sunday of **ODD** months @2:00pm at Happy Destiny.

District 50/51 meets the first Monday of the month @6:30pm at the Intergroup Office.

District 6 meets the first Thursday of the month @8:30pm on Zoom Meeting ID: 821 3520 6316 Password: AA.

Intergroup Committee meets the third Monday of the month at the Intergroup Office and on Zoom. Meeting ID: 190817 792 Password: 076583.

Want to do Service Work for Intergroup?

Use the form below, OR sign up online here: https://www.etiaa.org/contact-us/

East Tennessee Intergroup of Alcoholics Anonymous – Gratitude With Service form

865-522-9667	<u>Manager@</u>	etiaa.org	www.etiaa.org
Date:*Fir			
*City	*State	*ZIP	Sex
E-mail address		Alternative Phone	e
Volunteer Service Check only those you are willi			ttees of Interest you are willing to serve on:
Check only those you are willi		Check only those y	on / Cooperation with the number

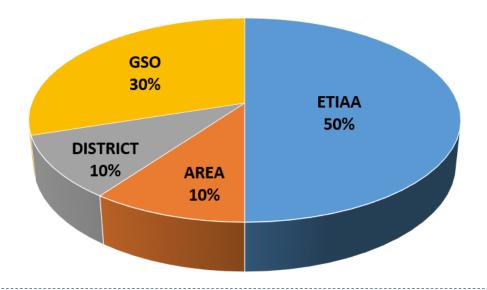
How can groups participate?

To help support AA's essential services, the General Service Conference suggests that individual groups, through an informed group conscience, adopt a specific contribution plan tailored to meet the group's financial situation. Once the basic group expenses have been taken care of (for example, rent, refreshments, AA literature, Grapevine literature, local meeting lists, GSR travel expenses to attend service functions) and a "prudent reserve" has been set aside to cover any emergency contingencies that might arise, the group may decide to further carry the message by sending money to the following AA service entities.

- The local district, which communicates directly with the groups, providing the district group conscience for the area assemblies and serving as a link between the area delegates and the GSRs.
- The area committee, which coordinates vital AA activities over a broad geographic area, sends a delegate to the annual General Service Conference, holds area assemblies to determine the needs of the Fellowship, and provides information at all levels of service.
- The local intergroup or central office, which may provide phone service for Twelfth Step calls and other inquiries, coordination of group activities, AA literature sales, institutions work, public information, and cooperation with the professional community activities
- AA's General Service Office, which functions as a storehouse of AA information, communicating with members and groups around the world, publishes AA literature, and supplies information and experience to professionals and others interested in AA.

[Self-Support—Where Money and Spirituality Mix. Go to: www.aa.org/assets/ en US/f-3 selfsupport.pdf]

7TH TRADITION SUGGESTED CONTRIBUTIONS



Every AA group ought to be fully self-supporting, declining outside contributions.

Contribution Addresses

ETIAA East Tennessee Intergroup of AA 9217 Park West Blvd #B3 Knoxville, TN 37923 865-522-9667 www.etiaa.org

New ways to contribute:

Paypal Manager@etiaa.org or 865-320-8649

Zelle Manager@etiaa.org or 865-320-8649

Venmo @ETIAA

General Service Office
P.O. Box 2407
James A. Farley Station
New York, NY 10116-2407
www.aa.org
The GSO prefers online
contributions

Area 64 Assembly 2500 Murfreesboro Pike Suite 105 Box 235 Nashville, TN 37217 www.area64assembly.org

District 1 Treasurer Barb Sapp 4137 Skyland Dr, Kingsport, TN 37664 District 2 Treasurer PO BOX 1872 Johnson City, TN 37605 District 3 Treasurer John H. 1466 Darbee Dr. Morristown, TN 37814

District 4 Treasurer P.O. Box 6642 Maryville, TN 37802

District 6 Treasurer Richard B. 105 Mariner Point Drive Clinton, TN 37716

NEW ADDRESSES AA District 50/51 Treasurer 9217 Park West Blvd Suite B-3 (ETIAA) Knoxville. TN 37923

Please mail all District 50/51 contributions to the Intergroup Office. Specify on the check AND on the outside of the envelope that it is for district 50/51.

www Dis Bar

Intergroup Financial / Contributions Report

		Jul '24—			Jul '24—
GROUPS DONATING	Oct '24	Jun '25	GROUPS DONATING	Oct '24	Jun '25
1ST THINGS 1ST KNOXVILLE		1,150.00	KODAK HWY 66		100.00
4-WAY GROUP		50.00	LUNCH BUNCH BRISTOL		316.51
A FRESH START		25.00	LUNCH BUNCH- GREENEVILLE	26.69	631.09
ALPHABET GROUP	20.00	20.00	MARYVILLE 12 STEP		10.00
APPAL'N RGNL ROUNDUP		500.00	MEMORIAL RECOVERY	50.00	100.00
AREA 64 HOST COMMITTEE	359.93	359.93	NORTH GATLINBURG		228.50
BIG BOOK RECOVERY		25.00	OUR PRIMARY PURPOSE		71.00
BREAKFAST CLUB	49.25	229.25	PHOENIX GROUP	365.26	710.26
COLONIAL GROUP	100.00	200.00	PRIMARY PURPOSE- OAK RIDGE	600.00	1,200.00
			ROAMERS		393.00
COLONIAL HEIGHTS	40.00	40.00	SAT MORN'G BIG BOOK STUDY		592.00
COOKIE GROUP		120.00	SEYMOUR SHARING	304.00	551.00
DANDRIDGE UNITY		48.00	SIMPLY AA		60.00
DESIGN FOR LIVING	64.22	64.22	SPIRITUAL PROGRESS		10.00
DOWN BY THE RIVER 101834		235.74	Square Customer	66.00	488.60
DOWN ON THE RIVER		230.00	Stepping Through Sobriety		50.00
FRESH START- SECRET CITY		25.00	STEPS FORWARD		300.00
GROUP WITH NO NAME		180.00	TELLICO VILLAGE	125.00	275.00
HAPPY DESTINY		100.00	TENNESSEE GROUP		420.02
HAPPY HOUR	25.00	406.80	TRUDGING THE ROAD		110.00
HIGH NOON ROGERSVILLE		68.00	TUESDAY NIGHT LOUDON		80.00
KEEP LEANING FORWARD	57.00	159.00	WEARS VALLEY GROUP		103.50
KNOXYPAA		500.00	TOTAL	\$2,252.35	\$11,536.42

East Tennessee Intergroup of AA fiscal year is July 1 -June 30



...... the first three Steps are for bringing us to the point where we become WILLING to turn our will (which is our motivation and our thinking) and our life (which is our actions) over to the care of a Higher Power (or Love); Steps Four through Nine are HOW we turn our motivation and our actions over; and the last three Steps are how we KEEP our will and our life turned over indefinitely.

-- AA Comes Of Age

November 18, 2024, Intergroup Board Meeting Minutes

Jacques H. opened with Serenity Prayer and Eleventh Tradition at 6:31pm

<u>Present in person and via Zoom:</u> Dawn, Jacque, Dave, Letha, Amber, Fawn, Colleen, Jessica S., Sarah, Rob, Allison, Pam S., Nicole, Bruce M., Jack, Bryan G., Ken L., Marian

<u>Groups represented:</u> Primary Purpose, TN Group, So-So Group, Colonial Heights Group, Happy Hour Group, First Things First Group, Rockford Group, West Knox Group, Blount County, High Nooners, Serenity Sisters, Trudging Group, Alphabet Soup, Bristol Lunch Bunch

Motion to accept previous minutes Colleen P., 2nd by Dave S. All in favor

Manager's Report - Dawn

- · Website issues are being worked on
- All copies of Plain Language Big Book supplement have been sold out

Treasurer's Report – Dave S.

- Contributions are lower so far this month
- Statement of Activity up-to-date & posted, information was discussed
- Hotline Report Jack F. not present

Office Service Workers - Dave S.

- All shifts are covered at this time
- Intergroup office closed November 28th 30th for holiday weekend

Archives - Allison: Has inventory of Grapevines to share

Website - OPEN Position

Accessibilities - Colleen P.

Looking for volunteers to serve as committee & assist in reaching out into the communities

Spanish liaison - Maria H. - not present - as per Rob website is "under construction"

CPC/PI - Sandra - not present

Treatment Report - Jacques H.

- Dist 3 & 4 attended, pamphlets brought & services offered
- Weirs Valley Group to have Chili Cook-off Dec 17th 6pm
- Alphabet Soup having NYE Eat-n-Speak

Corrections Report – Marian G.

- Dist 3 & 4 attended corrections workshop requested
- Conference attended, receipts for re-imbursement submitted of \$483.32
- · Next meeting to attend will be Dist 1

Outreach Report - Ken L.

- Attended Johnson City Recovery Center
- Attended Greeneville Lunch Bunch

Events - Mel - not present

Mobile Intergroup Report - Colleen P.

OLD BUSINESS: Open discussion, mixed topics

NEW BUSINESS:

- December elections??? topic is tabled for time to review
- Bristol Group is having an Alco-thon Thanksgiving Day
- · National photos on request, State Photo announced

Meeting adjourned at 7:12pm (motion by Rob, 2nd Brendan). Closed with Lord's Prayer

Next meeting will be held Monday December 16th, 2024, at 6:30pm in person and via Zoom.

Editorial: On the 12th Step

Grapevine -- October 1945

"Having had a spiritual experience as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs."

Very few of us know the exact hour and date we had our spiritual experience, and some of us are not conscious of ever having had one at all. However, our changed personalities and perspectives are definite proof that "something" happened to us somewhere along the line as those who knew us "when" will attest.

A.A.s refer to the 12th Step as "working with others," and this means we try to help the other person work out his or her problem. From our vast fund of knowledge on the subject, gained from our own actual experiences and often under similar conditions, we are peculiarly qualified to exercise that sympathetic understanding that only another alcoholic can have and which is so important in talking toa person who, like ourselves, is allergic to alcohol. This is the crux of the success obtained by groups throughout the country. This A.A. program, which is responsible for our own sobriety, and for giving us a new lease on life, was handed to us on a silver platter and without monetary cost. It is our bounden duty, therefore, to pass it on in the same manner to those who want it. It was not intended for us to keep to ourselves.

We are admonished to, "Go ye and spread the gospel," and Webster defines gospel as: "Any doctrine concerning human welfare that is agitated as of great importance." Surely, to us alcoholics it is of the utmost importance. We carry out the 12th Step when we share our gift by telling others of the help we have found, by lending encouragement to those who find the way difficult, by making calls when requested to, and by attending meetings to show to the sensitive newcomer that he or she is not alone.

Sobriety, however, is not enough, and length of sobriety is not so important as quality of sobriety. The A.A. program is a design for living normal, happy lives, and it is necessary that we practice the principles of tolerance, patience, unselfishness, humility, and that we curb our all too human desire to criticize and bear resentment.

It is sometimes discouraging to talk to a person who does not immediately respond to our "pearls of wisdom," but right there is where we exercise patience and realize that once the seed has been sown, John Barleycorn is our best salesman. Two years ago O.L. was called upon in New York City and after three or four meetings considered himself "cured," and in no further need of association with the A.A. group. Last week I was called to a hospital here in Atlanta, to interview a patient who turned out to be my old friend O.L. who had sense enough to scream for A.A. and was now "ready" for the entire program. None of us can let our defenses down, for unless we keep everlastingly at it we are doomed.

Persons thank us for showing them the way, and relatives are inclined to credit one or another of us with the recovery of their loved one. It is then that we realize that "Of myself I am nothing" --and we thank the Power greater than ourselves for making us an instrument of His ways.

T. B. Atlanta, Georgia

New Meetings:

NEW MEETING NAME	DAY/TIME	LOCATION
12 Step Family Meeting of AA AA/AI-non	Saturdays @7pm	Covenant Presbyterian Church 603 Sunset Rd, Johnson City, TN 37604
Still Waters	Thursdays @8pm	Carter Co Drug Prevention South Hills Office, 210 S. Hills Dr, Elizabethton, TN 37643
Open Doors	Mondays @7pm	Blue Springs Baptist Church 956 Highway 92, Rutledge, TN 37861
The Bird House / Women's Meeting Childcare available & kid friendly	Tuesdays @5:30pm	Birdhouse Neighborhood Center 800 4 Th Ave, Knoxville, TN 37917
Girls Gone Sober	Wednesdays @6:30pm	Prospect Center 1426 E Center St, Kingsport, TN 37664
Stone Cold Sober	Tuesdays @6pm	Cornerstone Christian Church 1411 Lantana Ln NW, Knoxville, TN 37912
Lafollette AA Group	Fridays @ Noon	300 Beech St., Lafollette, TN 37766 Back side of building, corner classroom
The Promises Group Closed Big Book Study	Thursdays @ 2pm	The Gateway 530 W Fifth Ave., Knoxville TN 37917
Came to Believe	Wednesday @ 7pm	1010 New Hope Rd, Rockwood, TN 37854
4 Way Group	Monday @ 7pm Effective July 1, 2024	Lyons Creek Baptist; 9235 Strawberry Plains Pike; Strawberry Plains, TN 37871
Recovery Warrior Sisters	Monday @ Noon Effective July 15, 2024	The Gateway 540 W 5 th Ave., Knoxville TN 37917
Morristown Group	Wednesday @ 6:30am	314 S Fairmont, Morristown, TN 37813
Rockford AROC	Mon-Tue-Wed-Thu-Fri @10am Sat-Sun @ 5:30pm	3722 Old Knoxville Hwy, Rockford, TN 37853

Please advise Intergroup if you know of new meetings in the east Tennessee area. Send name of the group, meeting details (place, time, type of group, etc) to manager@etiaa.org

Reported AA Birthdays

Dec 9 — Red G., Monday Night Men's Group Dec 18 — Jacque H., So-So Group	•
Dec 27 — Caroline, Outkast Roses Group	42 years
Dec 2 — Bob N., Trudging the Road Group	16 years
Dec 7 — John E., Trudging the Road Group	21 years
Dec 18 — Megan,	25 years
Dec 28 — Michael T., Trudging the Road Group	11 years
Dec 30 — David R., Trudging the Road Group	38 years
Dec 31 — Kelly S., Trudging the Road Group	35 years

247 years of Sobriety



Invites you to join our OPEN meetings of Alcoholics Anonymous for ALL members of the community.

Love and tolerance is our code.

MONDAYS @ 7:00PM

downstairs to the left next to the library

TUESDAYS @ 7:00PM

upstairs in the Great Hall

QUARTERLY "EAT & SPEAK" MEETINGS AT 6PM:

Tuesday Dec 31, 2024

in 2025: April 29, July 29, Sept 30, and Dec 30

ST. ANDREW'S EPISCOPAL CHURCH

314 W Broadway Ave, Maryville, TN 37801

Text or call the # on the door
for building entry

PECOVER

if you arrive after the meeting starts



AREA 64 BRIDGING THE GAP DATABASE



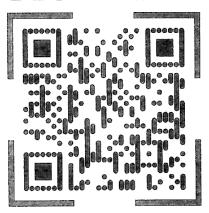
The Treatment Committee is creating a database of AA members who are supporting BTG services across Area 64. Scan the appropriate QR code below to enter your information as either a volunteer or liaison for the BTG program.

VOLUNTEERS



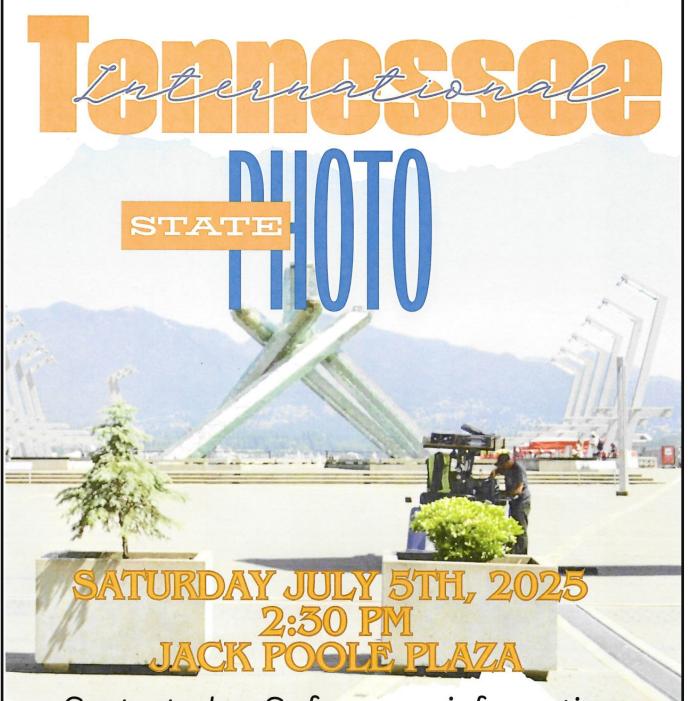
Volunteer to provide temporary contact for newcomers leaving treatment facilities and help introduce them to Alcoholics Anonymous.

BTG LIAISON



BTG Coordinators,
DCMs, or District
Treatment Chairs who
help coordinate local or
regional BTG services.

Contact katiesaed@gmail.com with any questions or technical issues.



Contact: Joy C. for more information Sbrpinkie@gmail.com or @ 901-907-4217

If you are a photographer who is willing to help please contact Joy C.

This photo shoot is for all who attend the international convention in July in Vancouver, BC. On Saturday we are going to meet at Jack Poole Plaza right next to the convention center at 2.30 PM. All Members of the program who live in TN are welcome to join the photo. The location shown in the photo on this flyer is where we will meet to take the photo.





Special Visit from Santa Claus & Mrs. Claus

Saturday, December 7th

Dinner is at 6pm - Please bring a covered dish or dessert

Speaker to follow -Jobe W. Basket and 50/50 Raffle! All proceeds go to District 50/51

Open event! All family members invited



The Promises by Candlelight

December 31st @ 9pm

Please join **Happy Destiny II** in celebrating the New Year with "The Promises by Candlelight" meeting.

We will be lighting a candle for every Promise.
This is sure to be a spiritual experience!
This is an open meeting.



325 Whitecrest Drive Maryville, TN 37801 Contact Katie B for more information. 865-313-0967



STEPPING INTO SERENITY WOMEN'S CONFERENCE FEBRUARY 21-23, 2025 CHATTANOOGA, TN

we found the Great Reality

SPEAKERS

POLLY P JACKSONVILLE FL
DEB H. AKRON, OH
MARI G. MARKHAM, CANADA
DEBRA V. JACKSONVILLE, FL
CYNDI M. LOUISVILLE, KY
AMANDA B. MONTGOMERY, AL
CYNDE T. DES MOINES IA
LORI G. OKLAHOMA CITY, OK

STEP 1
STEP 2 & 3
STEP 4 & 5
STEP 6 & 7
STEP 8 & 9
STEP 10 & 11
STEP 12
ALANON

AA ALANON VOLUNTEER ASL

Registration: \$30 until January 1st, 2025
At the Door: \$35 after January 1st, 2025
Please make check or money order to "SIS"
mail to
Stepping Into Serenity
P.O. Box 21203

Chattanooga, TN 37424 www.steppingintoserenity.org

AA ALANON VOLUNTEER ASL

NAME:

ADDRESS:

CITY:

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NAME ON BADGE:

AA ALANON VOLUNTEER ASL

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NAME ON BADGE:

Hotel Info:

Room Rates: \$149.00 Reserve by: 01/23/2025

Doubletree by Hilton Reservation Code: Stepping into serenity
407 Chestnut Street 423-756-5150

Chattanooga, TN 37402 ASL\Interpreter

Email questions to siscommittee@gmail.com

Follow us on FB Stepping into Serenity

Area 64 Assembly 2nd Quarter 2025

March 28 - 30, 2025



Is Not a 4-Letter Word

Edgewater Hotel 402 River Road Gatlinburg, TN 37738

For reservations, call 865-436-4151 and use the **Group Code: Area 64 Assembly 2025** for the rate of \$144/night + tax. This rate expires February 25, 2025.

A one night deposit is required at the time of reservation.

This rate will be honored 3 days before and 3 days after the event.

Overnight hotel guests: The hotel allows parking for only ONE vehicle per room. This policy will be strictly enforced, and cars will be towed.

Carpooling is essential.

The Edgewater Hotel parking garage vehicle height restriction is 6'4".

There is <u>limited</u> free overnight parallel parking along River Road only.

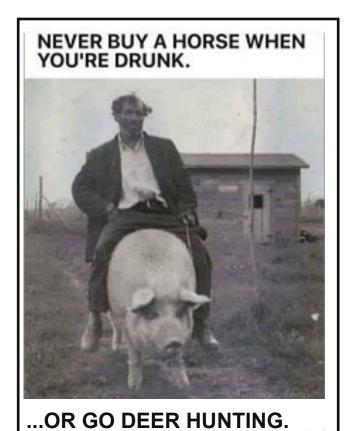
Attending for the day only: The free park & ride lots are located at the City Hall Complex on Hwy 321 and the Gatlinburg Welcome Center on Spur Road. Additional limited free day parking may be found on River Road.

Questions?

Contact SuZanne A., District 4 DCM d4dcm@area64assembly.org or 865-226-9313





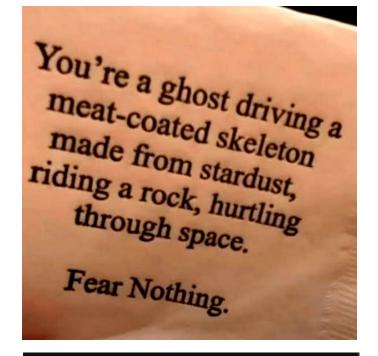




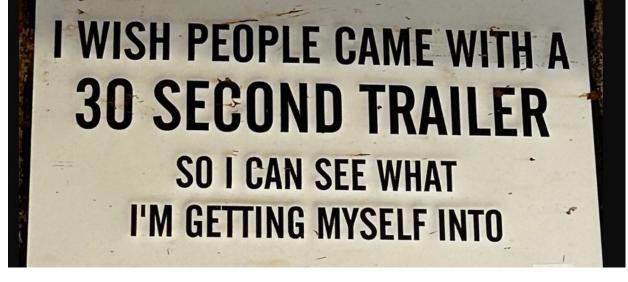


Points to Ponder









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Decei	mher	• 20	24

Name	-
Address	_
City	_
State	_
Zip	