

EAST TENNESSEE INTERGROUP

UNITY NEWSLETTER





Without unity, the heart of A.A. would cease to beat . . . — Bill W.

FEBUARY 2025

Volume 49; Issue 02

Intergroup News

Welcome to the new standing committee chairs. Thank you for your willingness to step into these new roles.

The Appalachian Regional Roundup has been moved to May this year. We will once again be ordering merchandise that will only be available at this event. If you have seen recovery related items that you would like to have available email manager@etiaa.org.

Effective Feb 7, 2025 the office hours for Fridays will be 9am- 4pm. All other days remain unchanged.

Intergroup office hours will be:

- Monday 11a 4p
- Tuesday 11a 4p
- Wednesday 9a 7p
- Thursday 11a 4p
- Friday 9a 4p
- Saturday 8:30a 12:00p
- Sunday (Closed)

_ Dawn W.

Office Ser	nciae Markara	Hatlina	Intorne	n Doord	VA / - 1 14 -
Office Ser	<u>vice Workers</u>	<u>Hotline</u>	<u>Intergrou</u>	р воаго	<u>Website</u>
Bryan	Rick	Carol	Dave S	Amber	Amy
Robin	Cathy	Bob	Barb	Marian	Sterling
Dave S	Bob	Emily	Jacque H	Fawn	Eammon
Dave R	Peggy	Anna	Jack F	Fawn	SuZanne
Joan	Mary	Miles	Susie	Mel	
Amy	Charlie	Randal	Jimmy	Allison	Spanish Liaison
Glenn	Gerald	Patrick	Becky	Amber	<u>Liui3011</u>
Jill	Beth	Lee Anne	Scott	Ken	Maria
Pete	Dennis	Austin	Sarah	Letha	
		Luke	Tiffany	Jim	
		Bryan	Bryan	Nathan	
			Dennis	Talia	

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Submissions

Is your group celebrating Birthdays/ Anniversaries? Are you? Do you have AA-related questions or myths that East Tennessee Intergroup of Alcoholics Anonymous (ETIAA) can answer for you? Is there an "In Memory" group member to be recognized? We encourage all appropriate submissions by sending them to manager@etiaa.org Subject line: Newsletter!



Wisdom From The Rooms

"AA taught me how to be teachable" (thanks Leslie - Men Who Trudge zoom)

"I was chasing the feeling of not feeling." Buffalo Men's Early Morning Zoom

"God intervenes a lot in my life without my permission." Polly P.

"Make me sensitive to see opportunities of service." -- Tom I."

"Don't let the life AA gave you get in the way of your AA life." – Paulette B.

"True humility is not thinking less of yourself, it's thinking of yourself less."

Humility is what is left when the pain of humiliation has been taken away. —Sharon C.



If you don't want to slip, stay out of slippery places. Don't go in bars without a reason; bars are for drinking. If you want to watch TV, you've got a set at home. If you want to play darts, go buy a dartboard.

Call your sponsor. Stay close to the program. Double up on your meetings. When you get up in the morning, ask God to help you stay sober. When you go to bed at night, thank Him. If you can't get to a meeting, read the Big Book, read the Twelve & Twelve, pick up the phone and call somebody. Don't isolate, because when you're by yourself you're in bad company. And let people know what's going on with you, because you're only as sick as your secrets.

And remember this: You're an alcoholic. You're not all better now. You'll never be cured. All you are, and all you'll ever be, is one drink away from a drunk.

DISTRICT MEETINGS

District 1 Typically meets the first Saturday of **odd** months @11am at the Renaissance Center. Please contact District 1DCM through ETIAA for most accurate information. (Note change.)

District 2 meets the fourth Sunday of the month @6:30pm at the REBOS Building, 213 E. Maple St., Johnson City 37601.

District 3 meets the first Sunday of the Month @12:30pm at the Morristown Group.

District 4 meets the first Sunday of **ODD** months @2:00pm at Happy Destiny.

District 50/51 meets the first Monday of the month @6:30pm at the Intergroup Office.

District 6 meets the first Thursday of the month @8:30pm on Zoom Meeting ID: 821 3520 6316 Password: AA.

Intergroup Committee meets the third Monday of the month at the Intergroup Office and on Zoom. Meeting ID: 190817 792 Password: 076583.

Want to do Service Work for Intergroup?

Use the form below, OR sign up online here: https://www.etiaa.org/contact-us/

East Tennessee Intergroup of Alcoholics Anonymous – Gratitude With Service form

865-522-9667	<u>Manager@</u>	etiaa.org	www.etiaa.org
Date:*Fir			
*City	*State	*ZIP	Sex
E-mail address		Alternative Phone	e
Volunteer Service Check only those you are willi			ttees of Interest you are willing to serve on:
Check only those you are willi		Check only those y	on / Cooperation with the number

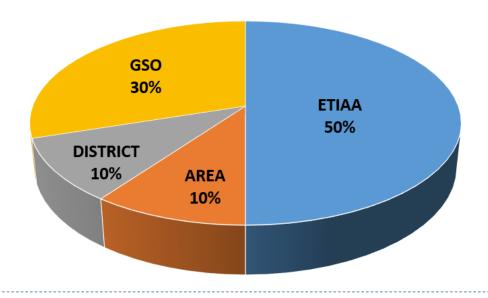
How can groups participate?

To help support AA's essential services, the General Service Conference suggests that individual groups, through an informed group conscience, adopt a specific contribution plan tailored to meet the group's financial situation. Once the basic group expenses have been taken care of (for example, rent, refreshments, AA literature, Grapevine literature, local meeting lists, GSR travel expenses to attend service functions) and a "prudent reserve" has been set aside to cover any emergency contingencies that might arise, the group may decide to further carry the message by sending money to the following AA service entities.

- The local district, which communicates directly with the groups, providing the district group conscience for the area assemblies and serving as a link between the area delegates and the GSRs.
- The area committee, which coordinates vital AA activities over a broad geographic area, sends a delegate to the annual General Service Conference, holds area assemblies to determine the needs of the Fellowship, and provides information at all levels of service.
- The local intergroup or central office, which may provide phone service for Twelfth Step calls and other inquiries, coordination of group activities, AA literature sales, institutions work, public information, and cooperation with the professional community activities.
- AA's General Service Office, which functions as a storehouse of AA information, communicating with members and groups around the world, publishes AA literature, and supplies information and experience to professionals and others interested in AA.

[Self-Support—Where Money and Spirituality Mix. Go to: www.aa.org/assets/ en_US/f-3_selfsupport.pdf]

7TH TRADITION SUGGESTED CONTRIBUTIONS



Every AA group ought to be fully self-supporting, declining outside contributions.

Contribution Addresses

ETIAA East Tennessee Intergroup of AA 9217 Park West Blvd #B3 Knoxville, TN 37923 865-522-9667 www.etiaa.org

New ways to contribute:

Paypal Manager@etiaa.org or 865-320-8649
Zelle Manager@etiaa.org or

Venmo @ETIAA

865-320-8649

NEW

General Service Office
P.O. Box 2407
James A. Farley Station
New York, NY 10116-2407
www.aa.org
The GSO prefers online
contributions

Area 64 Assembly 2500 Murfreesboro Pike Suite 105 Box 235 Nashville, TN 37217 www.area64assembly.org

District 1 Treasurer Barb Sapp 4137 Skyland Dr, District 3 Treasurer John H. 1466 Darbee Dr. Morristown, TN 37814

District 4 Treasurer P.O. Box 6642 Maryville, TN 37802

District 6 Treasurer Richard B. 105 Mariner Point Drive Clinton, TN 37716

NEW ADDRESSES AA District 50/51 Treasurer 9217 Park West Blvd Suite B-3 (ETIAA) Knoxville, TN 37923

Please mail all District 50/51 contributions to the Intergroup Office. Specify on the check AND on the outside of the envelope that it is for district 50/51.

Intergroup Financial / Contributions Report

		Jul '24—			Jul '24—
GROUPS DONATING	Dec '24	Jun '25	GROUPS DONATING	Dec '24	Jun '25
1ST THINGS 1ST KNOXVILLE	400.00	2,075.00	LUNCH BUNCH BRISTOL		316.51
4-WAY GROUP		50.00	LUNCH BUNCH- GREENEVILLE		841.09
A FRESH START		25.00	MARYVILLE 12 STEP		40.00
ALPHABET SOUP GROUP		20.00	MEMORIAL RECOVERY		100.00
APPALACHIAN RGNL RNDUP		500.00	MONDAY NIGHT MEN'S	1,167.55	1,167.55
AREA 64 HOST COMMITTEE		359.93	NORTH GATLINBURG		476.75
BIG BOOK RECOVERY		25.00	OUR PRIMARY PURPOSE		71.00
BLOUNT COUNTY GROUP	200.00	200.00	PHOENIX GROUP		710.26
BREAKFAST CLUB		279.25	PRIMARY PURPOSE- OAK RIDGE		1,200.00
COLONIAL GROUP		200.00	RIVERSIDE GROUP	641.73	641.73
COLONIAL HEIGHTS	50.00	90.00	ROAMERS		393.00
CONTRIBUTION JAR	10.00	10.00	ROANE COUNTY UNITY	215.00	215.00
COOKIE GROUP		120.00	SAT. MORNING BIG BK STUDY		592.00
DANDRIDGE UNITY		48.00	SEYMOUR SHARING		551.00
Design For Living		64.22	SIMPLY AA		60.00
DOWN BY THE RIVER		235.74	SISTERS IN SOBRIETY	110.00	110.00
DOWN ON THE RIVER	240.00	470.00	SPIRITUAL PROGRESS		10.00
FRESH START IN THE SECRET CITY		25.00	Square Customer	839.75	1,328.35
FRIDAY NIGHT MEETING	400.00	400.00	Stepping Through Sobriety		50.00
GROUP WITH NO NAME	190.00	420.00	STEPS FORWARD		300.00
HAPPY DESTINY		100.00	TELLICO VILLAGE	100.00	375.00
HAPPY HOUR		406.80	TENNESSEE GROUP TRUDGING THE ROAD		1,022.73
Happy Hour Zoom		10.00	TUESDAY NIGHT LOUDON		110.00 155.00
HIGH NOON ROGERSVILLE		136.00	WEARS VALLEY GROUP		103.50
KEEP LEANING FORWARD	62.00	237.00	WEST KNOXVILLE GROUP		216.50
KNOXYPAA		500.00	Not Specified		10.00
KODAK HWY 66		100.00	TOTAL	\$4,626.03	\$18,273.91

East Tennessee Intergroup of AA fiscal year is July 1 -June 30



January 19, 2025 intergroup Meeting Minutes

Jacques H. opened with Serenity Prayer and 1st Tradition at 6:35pm

<u>Present in person and via Zoom:</u> Dawn, Jacque, Dave, Fawn, Amber, Marian, Bryan G., Andrew, Nathan, Michelle, Sherdon, Ruth, Maria, Brandon, Katie, Pam, Scott, Sarah, Sandra, Jim F., Robert D., Tiffany

<u>Groups represented:</u> Primary Purpose, TN Group, So-So Group, Colonial Heights Group, Happy Hour Group, First Things First Group, High Nooners, Unity Group, Trudging Group, Alphabet Soup, Bristol Lunch Bunch, Marble City Group

Motion to accept previous minutes Dave., 2nd by Maria. All in favor

Manager's Report – Dawn: Working on inventory for upcoming Roundup, orders still pending arrival Treasurer's Report – Dave S.

- Contributions last month kept us in the positive
- Statement of Activity: checking = \$9,329.06, Savings = \$29,270.92
- Motion to accept report by Bryan, 2nd by Brandon. All in favor

Hotline Report - Bryan G.

- Phone app Grasshopper for hotline info.
- · Rotation of volunteers and roster to be updated
- Updated trifold pamphlet for training, "voice on the phone"

Office Service Workers – Dave S.: All shifts are covered at this time with a switch or 2 in volunteers and shifts Archives – Allison - not present

Website - Barb will be training Amy in position to take over

Accessibilities - Colleen P. - not present

Spanish liaison - Maria H.

- New women's mtg Sundays at 4pm Park 40 club
- Attending Feb 16th Anniversary for Corazon meeting
- Attending Sponsor Anniversary March 2
- Spoke toDiocesce about AA and information for the community

CPC/PI - Sandra: \$3,000 will be price again for billboards if we move forward

Treatment Report – Jacques H.: Has scheduled out events for calendar year with Marian

Corrections Report - Marian G.

- Has scheduled out events for calendar year with Jacques
- · Will have report for Dist 6 next month
- March Conference in South Carolina

Outreach Report - Ken L. - not present. No updates at this time, Andrew to assist Ken

Events - Mel and Carrie - not present

Mobile Intergroup Report - Colleen P. - not present

OLD BUSINESS: None to discuss

NEW BUSINESS:

- Second Qtr Assembly in Gatlinburg March 28-30
- Fawn will serve as vive or co-chair to Jacques
- Motion to change business hours on Friday from 9am to 4pm by Dave S., 2nd by Bryan G. All accepted.
- Billboards will be \$3,000 again this year if we want to run them. abled for next month pending information on District paying half or Intergroup to pay all. Information to be gathered.
- Ruth, District Archives, will meet with Allison about putting information together for Archives to avoid duplications/ provide simplification.
- Adam with TCYPAA inquired about having merchandise in the office; after much discussion it was agreed that a flyer may be made available and website support suggested.
- TCYPAA has also requested mobile intergroup for their upcoming event; Colleen to be informed.

Meeting adjourned at 7:22pm (motion by Dave, 2nd Adam). Closed with Lord's Prayer

Next meeting will be held Monday February 17th, 2025, at 6:30pm in person and via Zoom.

Big Book — Foreword to First Edition

This is the Foreword as it appeared in the first printing of the first edition in 1939.

WE, of *Alcoholics Anonymous*, are more than one hundred men and women who have recovered from a seemingly hopeless state of mind and body. To show other alcoholics precisely how we have recovered is the main purpose of this book. For them, we hope these pages will prove so convincing that no further authentication will be necessary. We think this account of our experiences will help everyone to better understand the alcoholic. Many do not comprehend that the alcoholic is a very sick person. And besides, we are sure that our way of living has its advantages for all.

It is important that we remain anonymous because we are too few, at present to handle the overwhelming number of personal appeals which may result from this publication. Being mostly business or professional folk, we could not well carry on our occupations in such an event. We would like it understood that our alcoholic work is an avocation.

When writing or speaking publicly about alcoholism, we urge each of our Fellowship to omit his personal name, designating himself instead as "a member of Alcoholics Anonymous."

Very earnestly we ask the press also, to observe this request, for otherwise we shall be greatly handicapped.

We are not an organization in the conventional sense of the word. There are no fees or dues whatsoever. The only requirement for membership is an honest desire to stop drinking. We are not allied with any particular faith, sect or denomination, nor do we oppose anyone. We simply wish to be helpful to those who are afflicted.

We shall be interested to hear from those who are getting results from this book, particularly form those who have commenced work with other alcoholics. We should like to be helpful to such cases.

Inquiry by scientific, medical, and religious societies will be welcomed.

ALCOHOLICS ANONYMOUS.

New Meetings:

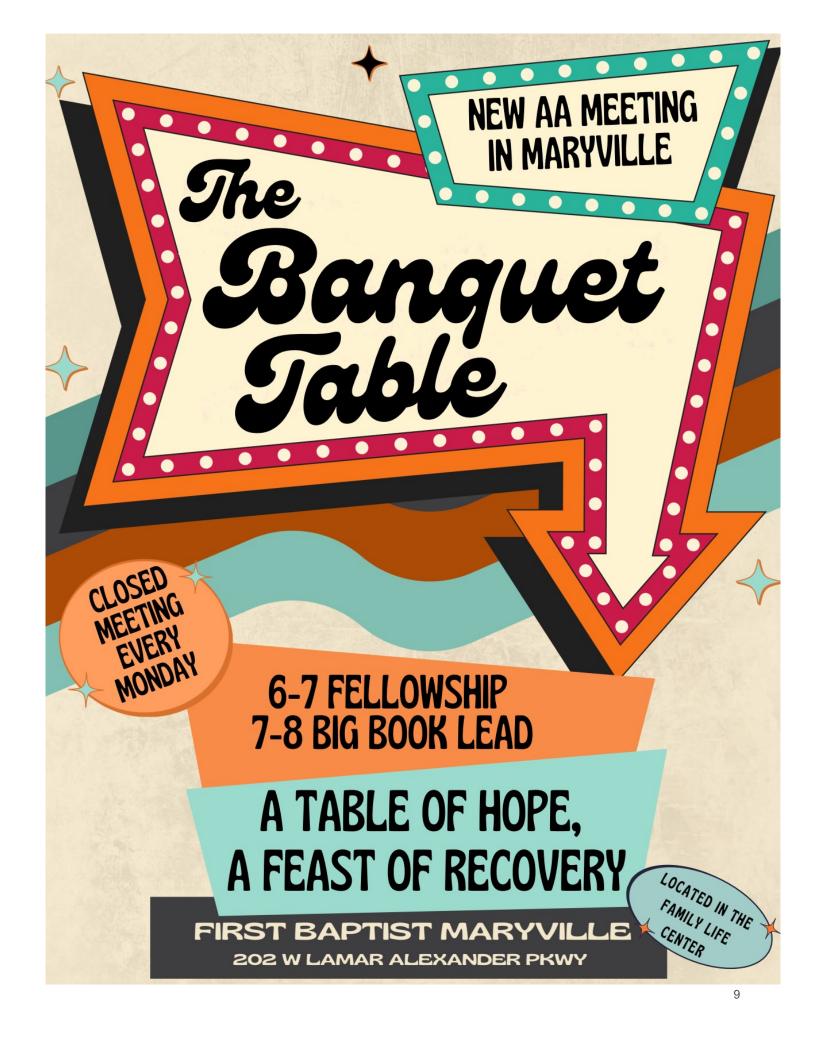
NEW MEETING NAME	DAY/TIME	LOCATION
The Promises Group Closed Big Book Study	Thursdays @ 2pm	The Gateway; 530 W Fifth Ave Knoxville TN 37917
Came to Believe	Wednesday @ 7pm	1010 New Hope Rd Rockwood, TN 37854
4 Way Group	Monday @ 7pm Effective July 1, 2024	Lyons Creek Baptist; 9235 Strawberry Plains Pk; Strawberry Plains, TN 37871
Recovery Warrior Sisters	Monday @ Noon Effective July 15, 2024	The Gateway; 540 W 5 th Ave Knoxville TN 37917
Morristown Group	Wednesday @ 6:30am	314 S Fairmont, Morristown, TN 37813
Rockford AROC	Mon-Tue-Wed-Thr-Fri @ 10am	3722 Old Knoxville Hwy, Rockford, TN 37853
Rockford AROC	Saturday @ 5:30pm Sunday @ 5:30pm	3722 Old Knoxville Hwy, Rockford, TN 37853
Saints We Ain't	Monday @ 7pm	Sacred Heart Cathedral School Library 711 S. Northshore Dr, Knoxville, TN 37919
The Banquet Table	Monday @ 7pm	First Baptist Church; 202 W Lamar Alexander Pkwy, Maryville TN 37803
All Recovery	Saturday @ 6pm	Action Recovery Res. Center; 112 Pioneer Village Dr, Mountain City, TN 37683
Day Drinkers in Recovery	Mon-Tue-Wed-Thr-Fri @ 1pm	The Meeting House; 1034 E Woodland Ave, Knoxville, TN 37917
Are You F.I.N.E.?	Friday @ 10pm	Lotus Light Center Arthur St, Knoxville, TN 37921
New Beginnings Knoxville	Saturday @ 9:30am	Norwood UMC 2110 Merchant Dr, Knoxville, TN 37912

Please advise Intergroup if you know of new meetings in the east Tennessee area. Send name of the group, meeting details (place, time, type of group, etc) to manager@etiaa.org

Reported AA Birthdays

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years
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/ears
years
year
years
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273 years of Sobriety





Invites you to join our OPEN meetings of Alcoholics Anonymous for ALL members of the community.

Love and tolerance is our code.

MONDAYS @ 7:00PM

downstairs to the left, next to the library, Room IIO

TUESDAYS @ 7:00PM

upstairs in the Great Hall (elevator accessible)

"EAT & SPEAK" MEETINGS AT 6PM:

April 29, July 29, Sept 30, and Dec 30, 2025

ST. ANDREW'S EPISCOPAL CHURCH

314 W Broadway Ave, Maryville, TN 37801

for building entry

if you arrive after the meeting starts

PECOVER

PRE CONFERENCE REPORT

WITH AREA 64 DELEGATE JIMMY W.

Saturday March 22, 2025 11:00 am

Renaissance Center
Room 314
1200 East Center Street
Kingsport, TN 37660

Wheelchair accessible/elevator to 3rd floor

This is not just a "service" event, **All AA Members** welcome and encouraged to come and speak to your Delegate directly about this year's General Service Conference agenda items.

Pizza and Drinks Provided

by Host, District #1



DISTRICT 4

CORRECTIONS COMMITTEE MEETING

DETAILS:

EVERY THIRD THURSDAY @ 6:30 PM

HAPPY DESTINY

325 WHITECREST DRIVE

SERVING BLOUNT, LOUDON, AND SEVIER COUNTY JAILS

CORRECTIONS COMMITTEE WORKSHOP JANUARY 12TH!



AREA 64 BRIDGING THE GAP DATABASE



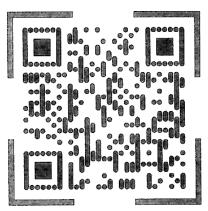
The Treatment Committee is creating a database of AA members who are supporting BTG services across Area 64. Scan the appropriate QR code below to enter your information as either a volunteer or liaison for the BTG program.

VOLUNTEERS



Volunteer to provide temporary contact for newcomers leaving treatment facilities and help introduce them to Alcoholics Anonymous.

BTG LIAISON



BTG Coordinators,
DCMs, or District
Treatment Chairs who
help coordinate local or
regional BTG services.

Contact katiesaed@gmail.com with any questions or technical issues.

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Area 64 Assembly
2nd Quarter 2025
Gatlinburg, TN

March 28 – 30, 2025



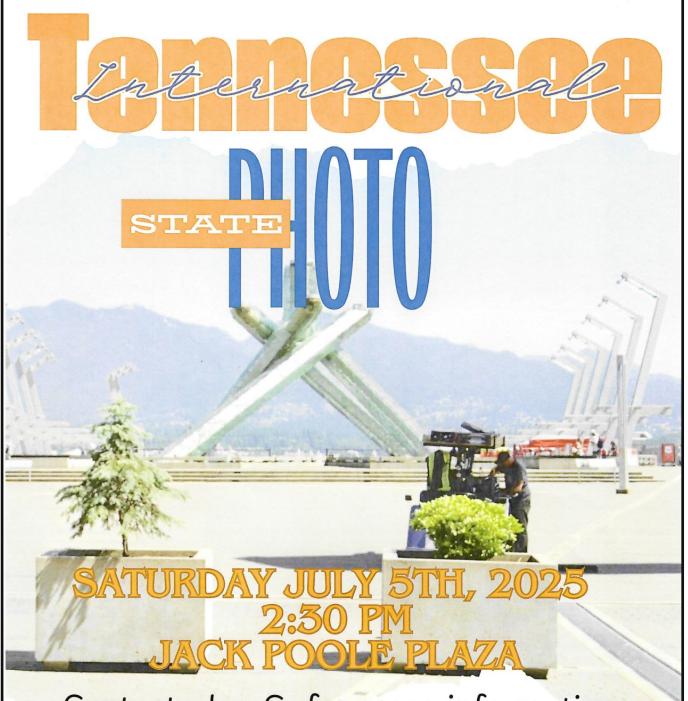
Fellowship! Friends! Fun!



To sign up, scan the QR code or visit: https://forms.gle/hbJaJZxNrGXDB6DBA
Contact: Sarah M. (727) 642-0591



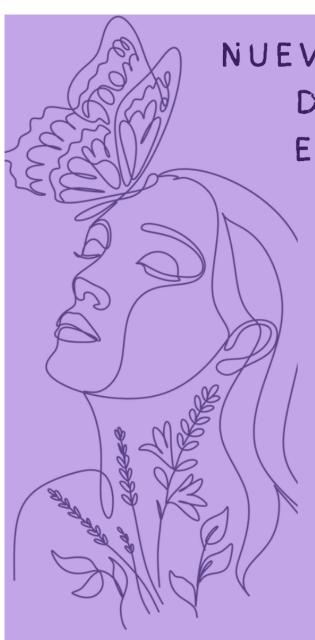
Is Not a 4-Letter Word



Contact: Joy C. for more information Sbrpinkie@gmail.com or @ 901-907-4217

If you are a photographer who is willing to help please contact Joy C.

This photo shoot is for all who attend the international convention in July in Vancouver, BC. On Saturday we are going to meet at Jack Poole Plaza right next to the convention center at 2.30 PM. All Members of the program who live in TN are welcome to join the photo. The location shown in the photo on this flyer is where we will meet to take the photo.



NUEVA REUNION AA DE MUJERES EN ESPAÑOL

MUJERES SOBRIAS "SOBER WOMEN"

LOS DOMINGOS

> A LAS 4 P.M.

P40 CLUB
EN EL CUARTO
AZUL

PARA MÁS INFO.

MARIA

865-742-2800

JENNIFER

865-258-5627

PAOLA

305-560-1143

DIRECCIÓN:9272 PARK WEST BLVD BLDG B SUITE A KNOXVILLE, TN, 37923





FEBRUARY 22, 2025
EBENEZER UMC
1001 EBENEZER ROAD KNOXVILLE, TN
5PM-9PM
SPEAKER: AREA 64 DELEGATE JIMMY W. AT 9PM
BENEFIT EVENT FOR TCYPAA

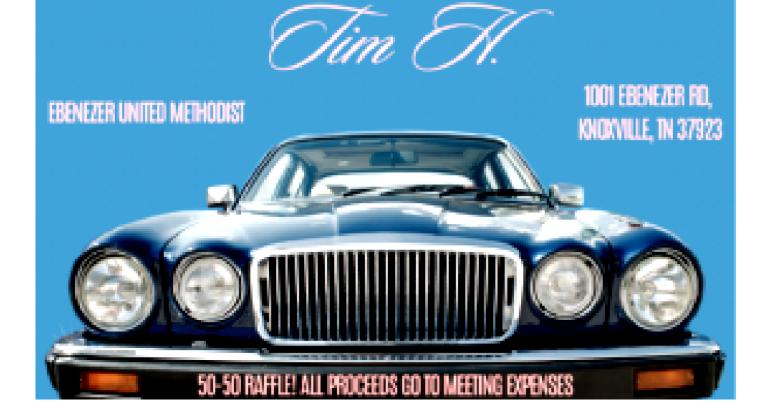
6PM FELLOWSHIP

03/14/2025

7PM SPEAKER

GET IN THE CAR

FEATURING:



Knoxville is hosting...

"...THE
BRIGHT SPOT
OF OUR
LIVES."

2025 TCYPAA

TENNESSEE CONFERENCE OF YOUNG PEOPLE
IN ALCOHOLICS ANONYMOUS

Registration opening soon

call to ACTION!

Service work and outreach needed

TCYPAA 2025 HOST COMMITTEE MEETINGS SUNDAYS AT 1:30 PM

tcypaa2025.com



FOR MORE INFORMATION ON HOW TO BE OF SERVICE AND LOCATION OF MEETINGS:

CALL/ TEXT: (865) 202-6984

EMAIL: tcypaa2025@gmail.com



STEPPING INTO SERENITY WOMEN'S CONFERENCE FEBRUARY 21-23, 2025 CHATTANOOGA, TN

we found the Great Reality

SPEAKERS

POLLY P JACKSONVILLE FL
DEB H. AKRON, OH
MARI G. MARKHAM, CANADA
DEBRA V. JACKSONVILLE, FL
CYNDI M. LOUISVILLE, KY
AMANDA B. MONTGOMERY, AL
CYNDE T. DES MOINES IA
LORI G. OKLAHOMA CITY, OK

STEP 1
STEP 2 & 3
STEP 4 & 5
STEP 6 & 7
STEP 8 & 9
STEP 10 & 11
STEP 12
ALANON

www.steppingintoserenity.org



AA ALANON VOLUNTEER ASL
NAME:
ADDRESS:
CITY:
ZIP:
EMAIL:
NAME ON BADGE:

Registration: \$30 until January 1st, 2025 At the Door: \$35 after January 1st, 2025 Please make check or money order to "SIS" mail to Stepping Into Serenity P.O. Box 21203 Chattanooga, TN 37424

AA ALANON VOLUNTEER ASL
NAME:
ADDRESS:
CITY: _____ STATE:
ZIP: ____ PHONE:
EMAIL:
NAME ON BADGE:

Hotel Info:

Room Rates: \$149.00 Reserve by: 01/23/2025

Doubletree by Hilton Reservation Code: Stepping into serenity
407 Chestnut Street 423-756-5150

Chattanooga, TN 37402 ASL\Interpreter

Email questions to siscommittee@gmail.com
Follow us on FB Stepping into Serenity

Area 64 Assembly 2nd Quarter 2025

March 28 - 30, 2025



Is Not a 4-Letter Word

Edgewater Hotel 402 River Road Gatlinburg, TN 37738

For reservations, call 865-436-4151 and use the **Group Code: Area 64 Assembly 2025** for the rate of \$144/night + tax. This rate expires February 25, 2025.

A one night deposit is required at the time of reservation.

This rate will be honored 3 days before and 3 days after the event.

Overnight hotel guests: The hotel allows parking for only ONE vehicle per room. This policy will be strictly enforced, and cars will be towed.

Carpooling is essential.

The Edgewater Hotel parking garage vehicle height restriction is 6'4".

There is <u>limited</u> free overnight parallel parking along River Road only.

Attending for the day only: The free park & ride lots are located at the City Hall Complex on Hwy 321 and the Gatlinburg Welcome Center on Spur Road. Additional limited free day parking may be found on River Road.

Questions?

Contact SuZanne A., District 4 DCM d4dcm@area64assembly.org or 865-226-9313



ALCOHOLICS ANONYMOUS

2025





September 5th – 7th 2025

Hosted by Area 5 The Greater Los Angeles Area **Sheraton Ontario Airport Hotel**

429 N Vineyard Ave Ontario, CA 91764 (909) 937-8000 Room Rates \$155+tax Room Code BTG

The Annual Bridging the Gap Workshop Weekend consists of presentations, discussions, shared experiences and breakout sessions.

PLE	ASE PRINT CLEARLY	(I would like to vo	lunteer	to he	р	
Email		Se	ervice Po	sition				Area	- 10
Name			Phone	% -					
Address			City			State	Zip		
breako	ut session topics you would like	Registration			EarlyBird In-Person We			\$50	
			After	July 1st \$60	In-Person We	ekend Regi:	stration	\$60	Ш
		Saturday Only D			Satu	urday Nite B	_	\$50	
		Online Atte	endance	\$60	Total Pe	Vegetari erson Or			22

Register Online at BTGWW.org or Mail this form to and a check to: **BTGWW** 10001 E Evans Ave #62D Aurora, CO 80247

Person: What's the dumbest thing you've ever done?

Me: Awfully bold of you to assume I've peaked.

A Tongue has no BONES but it is strong enough to break a HEART.

Be CAREFUL with your WORDS

I don't just talk to myself.
I talk to myself, get in a
debate, lose, and then
refuse to speak to myself
for the rest of the day...

I gotta teach my facial expressions how to use their inside voice

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Name	
Address	_
City	
State	
Zip	